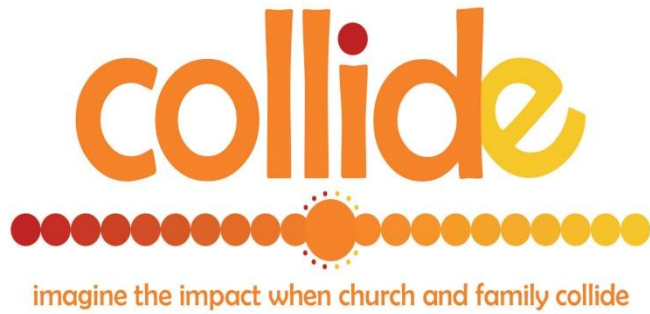


Meet Me at the Table



January 2012

What will you find in our MMaTT?



Parent Time- just for parents, to give you tools to help your family grow.

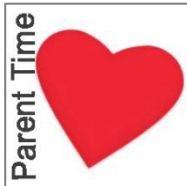


Family Time- our virtue, verses, and voices from our curriculum.



Memory Time- a verse for your family to memorize together.

Please use these cues to help guide your growth as a family.



Make it Personal.

Put yourself first when it comes to personal and spiritual growth. Make your spiritual growth a priority in your life. If you want “it” to be in your kids, “it” needs to be in you first.

Begin the New Year, with a priority of eating your meals together and using that time as a place for conversations.



Virtue: Self Control

Choosing to do what you should do, not what you want to do.

Week 1: Read Proverbs 25:28 together.

Bottom Line: God can give you the power to control yourself.

Voices: What do you need to ask God to help you control in your life?

Week 2: Read Proverbs 16:32 together.

Bottom Line: Pause before you lose your temper.

Voices: Have you ever lost your temper with someone in your family? Can you ask for forgiveness?

Week 3: Read Proverbs 12:18 together.

Bottom Line: Select your words carefully.

Voices: What are some positive words you can say to your family and friends?

Week 4: Read Proverbs 25:16 together

Bottom Line: Know when to stop.

Voices: It is often said, too much of a good thing can make you sick. What does this mean?

Week 5: Read Philippians 4:8 together.

Bottom Line: Use the Bible to guide your thoughts.

Voices: What are some of your favorite verses?



“Everyone should be quick to listen, slow to speak and slow to become angry.”

James 1:19 (NirV)